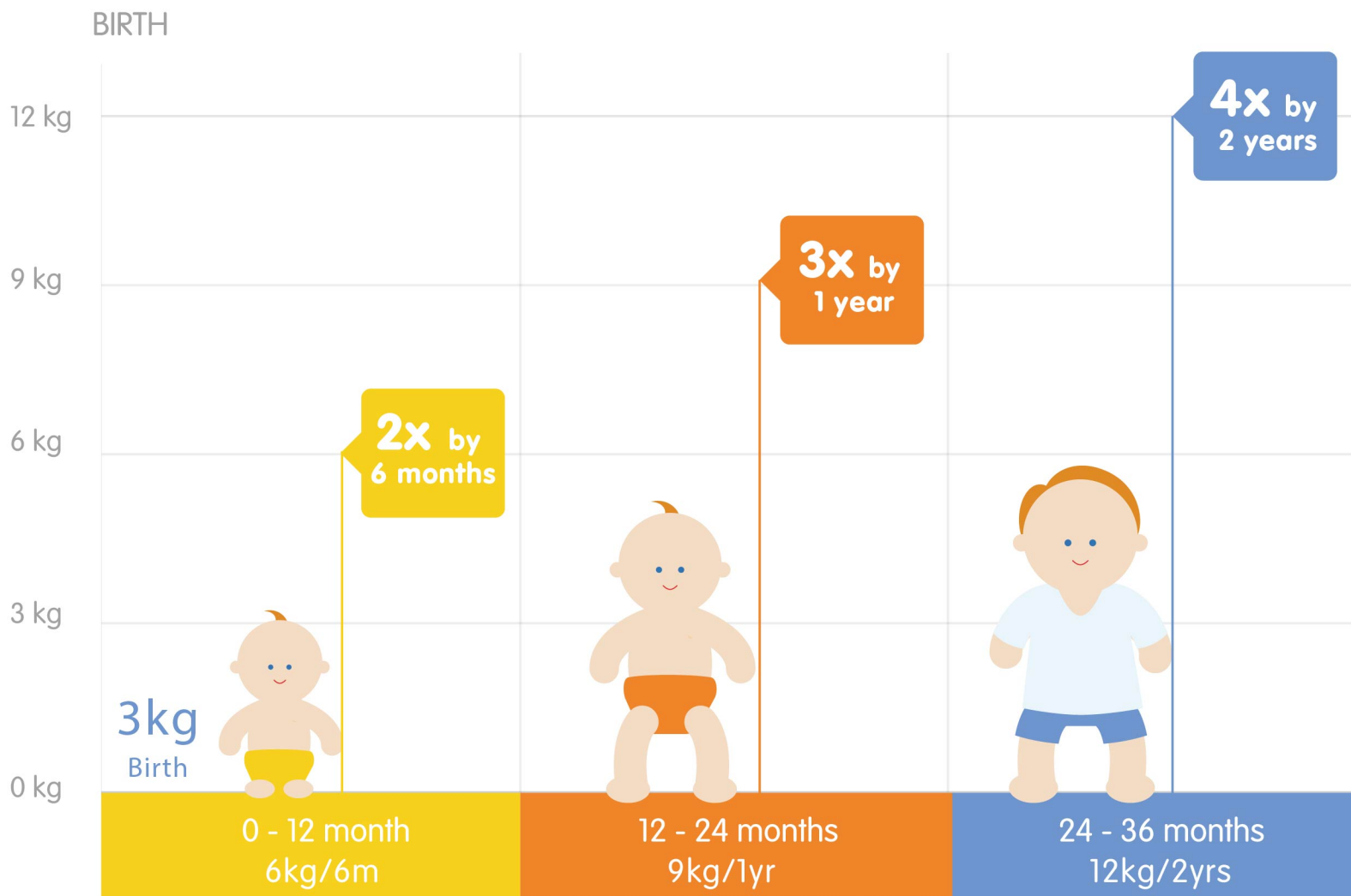


Physical Growth - weight gain in children

The most visible signs of physical growth in childhood are **changes in height and weight**, with both proceeding rapidly on monthly basis, especially in the first year of life.

It is important to know that a healthy infant born with normal weight, will consistently follow his own percentile growth curve.

Very fast weight gain is unhealthy from birth to 2 years!



Physical Growth - height gain in children

